

Activity Selection Form

Each activity will begin with the basics, and gradually build, according to the camper's ability. Please rank 1 (first choice) through 13 (last choice).

_____ ARCHERY - Each archer is provided with a bow, arrows, arm guard and finger tabs, all of which are latched to the camper's size and strength. Certified archery instructors teach safety, along with an introduction to how to shoot a bow and arrow. Beginners are closely coached and watched while those with more experience at the sport are encouraged to improve their performance. In addition to the permanent backstop, a woods course is laid out with large cardboard targets distributed off of a path through the woods for more free form hunting type practice. This woods archery course is offered as an elective activity to campers who want to spend more time in archery.

_____ ART - Campers will create a canvas with fun colors, shapes and patterns. Anyone can make great art work to take home. No experience necessary. Express yourself.

_____ CANDLE MAKING - Campers will learn how to make a variety of hand-made candles.

_____ CANOEING - Campers will learn basic skill and safety techniques which will help them enjoy canoeing. Each camper will wear a life jacket at all times while in the canoe. Certified canoe instructors will teach the campers safe canoeing.

_____ CONFIDENCE COURSE - Individuals using a team approach work cooperatively to complete the outdoor low rope challenge course. A certified instructor will be working with the campers on the different elements.

_____ CRAFTS – The leaders have planned craft activities for each camper in addition to having a supply of beads, feathers, paints, etc. for your creativity.



_____ WILDERNESS SURVIVAL – Learn how to make a fire out of objects you find in the woods! Make string and rope out of tree bark. Learn the skills you need to live off the land.

_____ NATURAL WONDERS– Let out your inner wild thing! Learn all about the unique wildlife of Western Maryland. Enjoy hands- on nature games, activities and hikes.

_____ OUTDOOR COOKING - Campers will learn basic campfire safety and enjoy making a variety of foods on open campfires.

_____ RIFLES - Campers will have the opportunity to learn firearms safety from certified instructors. We will shoot .22 caliber rifles on a 50 foot outdoor range. Eye and ear protection will be provided to each camper. The campers will shoot paper targets, balloons, etc. from a bench rest. The barrels of the rifles are tethered to the tables for safety.

_____ SPORTS - Use your creativity and join us to play some unusual crazy and fun games. Outdoor sports and games will teach team w

_____ TIE DYEING- Create wearable art. Bring your white, prewashed 100% cotton items: shirts, socks, hats, shorts, etc. Choose from several designs or create your own. Campers tie and then use squirt bottles to apply the dye. Later campers untie, rinse and reveal their works of art

_____ SWIMMING - A certified lifeguard will be at the lake to supervise the roped in area of the lake that is designated for the swim area.

_____ DRAMA- Tap into your creative side! Learn how to break out of your shell, and have fun with theatre games and improv. Participants will have an opportunity to showcase their talents at the annual camp talent night.

Campers Name: _____

Please return to:

Howard County Extension
Attn: 4-H Camp
3300 N. Ridge RD
Suite 240
Ellicott City, MD 21043